

# Rock Climbing/Rappelling

Saturday, May 1, 2010

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Spend the day learning to rock climb and rappel! This activity is designed for the beginner climber; no experience is necessary. We will begin with low rappels and progress to more challenging areas.

**What to Wear:** Sturdy shoes (no skate shoes), long pants and a t-shirt.

**What to Bring:** Sunscreen, water, and a sack lunch (climbing equipment is provided!).

**Where to Meet:** 9:00 a.m. in the Show Low Aquatics Center parking lot. We will re-

turn to the Aquatics Center by 4:00 p.m. Parent/adult volunteers are needed to transport youth to the climbing site.

**How Much Does it Cost:** \$5.00

**How to Register:** Register online at [www.showlowaz.gov/wmyl](http://www.showlowaz.gov/wmyl) or by phone at (928) 532-4140 by April 26.



WHITE MOUNTAIN



YOUTH LEADERSHIP

[www.showlowaz.gov/wmyl](http://www.showlowaz.gov/wmyl)

Contact Meckenzie for more information at  
[WMyouthLeaders@gmail.com](mailto:WMyouthLeaders@gmail.com) or call (928) 532-4047.

White Mountain Youth Leadership is an outdoor recreation and education program for youth ages 11-18 being conducted with the cooperation of: University of Arizona Cooperative Extension, USDA Forest Service - Kids in the Woods, City of Show Low, and the Yellow Jacket Youth Center.

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