

Flat-water Kayaking

Show Low Lake

Saturday, April 17, 2010

Navigate across Show Low Lake during a scavenger hunt/orienteering course. Learn the basics of flat-water kayaking, water rescue, and wilderness medicine.



Where to Meet: Show Low Aquatics Center at 8:00 a.m. Call to make arrangements to meet at Show Low Lake.

What to Wear: swimsuit and/or shorts, t-shirt (not white), tennis shoes or water sandals, wide brimmed hat.

What to Bring: sunscreen, 2 liters of water, sack lunch, and dry clothes (to change into)

How much does it Cost?: FREE

How to Register: Registration online or by phone. Online at: www.showlowaz.gov/recreation (click on White Mountain Youth Leadership).

For more information or to register, contact Meckenzie at WMYouthLeaders@gmail.com or (928) 532-4047.



White Mountain Youth Leadership is an outdoor recreation and education program for youth ages 13-18 being conducted with the cooperation of: University of Arizona Cooperative Extension, USDA Forest Service - Kids in the Woods, City of Show Low, Yellow Jacket Youth Center, and Eagle Dancer Youth and Family Services.